



5640 rue Paré, Ville Mont-Royal, Qc, H4P 2M1

### **Fasting Instructions Before General Anesthesia**

- NO FOOD/ MILK/ YOGOURT as of **midnight** on the day of your appointment.
- Water/ Gatorade up to 2 hours before your appointment. **No other liquid is permitted.**
- Breast Feeding is allowed up to 4 hours before the appointment.

**\*\*\*For your child's safety, it is mandatory to follow fasting instructions to be sure that the stomach is completely empty during general anesthesia. Otherwise, there is a risk of vomiting which could result in severe respiratory complications.\*\*\***

### **Information for Your Visit to the AGM Clinic**

- Free parkings are available in the outdoor parking lot located at the right-hand side of the main entrance on Paré street.
- Your child can only be accompanied **BY ONE (1) ADULT during the induction of anesthesia and in the recovery room.**
- Please only bring essential items with you.
- Please bring your child's Medicare card.
- Have your child wear comfortable clothing: avoid one-piece items such as overalls or dresses.
- Long hair must be tied.
- Please remove all jewelry and nail polish.
- Please bring a change of clothing for your child.
- Please do not eat or drink in the waiting room out of respect for our young patients that are fasting.
- **For any questions concerning the date and time of your appointment, please contact your dentist.**